

EVENTS WEEK

SOUTH LAKES FOYER

Tuesday 30, Wednesday 31 August and Thursday 1
September 2011

Tuesday 30 August 2011

- Koalas



Wednesday 31 August 2011

- Rythmtime

10.00-10.30am Multi Sensory Baby Class – from birth

10.40-11.10 am Toddler Group – from 14 months



- Zumba Atomic

16.30-17.00 boys & girls age 4-9 years - dance, fitness & games class!!

17.10-17.45 – Zumba Fitness – dance based fitness, any size, shape, age & fitness level
welcome! Attend the taster session and receive a **FREE** pass for 7 September!



Thursday 1 September 2011

- Tumble Tots – fun, physical activity on specially designed equipment

10am: 6 months to Walking

1045am: Walking to 2 years

1130am: 2 & 3 years

12.15pm: 4, 5 & 6 Years

- PHX Training

1330 - 1700 New Training Centre - **FREE** Advice – **FREE** Training

We can help you get a job – Maths, English, and Computer Training

Try a Learndirect Course! - Call 01539 738795

**ALL EVENTS ARE FREE OF CHARGE AND EVERYONE IS
WELCOME..... PLEASE COME ALONG AND JOIN IN !!!!!!!**

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