

***“All young people need a home,
support and a springboard to
independent living, learning and work.
Some don’t get it. Foyers fill the gap.”***



Our Address is

**SFERE
Eden Rural Foyer
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Penrith
CA11 8ET**

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Fax: 01768 861651

E-Mail

edenfoyer@impacthousing.org.uk

**Our normal office hours are Monday to
Thursday 9am to 5pm and Friday 9am
to 4.30pm**

Our Head Office is: Nook Street,
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calling**

SFERE

The Eden Rural Foyer



**We can provide information in Large
Print, Braille, other Languages or
audio. Please—Just Ask**

SFERE - The Eden Rural Foyer

What is the Eden Foyer?

The Eden Foyer is a building in the middle of Penrith which offers a wide range of services to young people and the local community in Eden.

The Café

We run a cyber café which serves delicious affordable healthy snacks and drinks. The Café is open Tuesday to Friday from 10am to 4pm. This is open to the general public and everyone is welcome!

Rooms for Hire

We have some rooms for hire at reasonable rates for meetings or to local groups. Please ring us for details and availability.

Training

We offer a wide range of training opportunities on site and through links with other training providers. Our training is for young people age 16 plus, and for adults. These opportunities specifically include:

Basic Skills

We have skilled staff who work with people on a one to one basis to help them improve their reading and writing skills.

E2E

Otherwise known as “Entry to Employment” this initiative is designed to prepare young people, usually 16 to 25, for work or further training. It combines improving basic skills, personal and social development, and vocational training.

NVQs

We offer a range of vocational NVQs.

Learn Direct

We offer Learn Direct computer based training and have a member of staff on site to help learners. As well as our computers in the Café we have a fully equipped IT suite.

Job Centre Plus

We have a contract with Job Centre Plus to deliver training, advice and guidance to people referred to us.

Housing

The Foyer contains 15 self contained flats for single young people. The young people we house at the Foyer all have a training need which we can address either directly or through other training providers.

We also have dedicated and experienced support workers on site who work with our residents to help them maintain their tenancies.

The Foyer flats offer a comfortable, safe and secure environment for young people.

Eden District Council nominate people for 50% of our vacancies. The rest are filled from nominations by other agencies we work with, or from direct applications to us.

Information

We can provide free and confidential information about a wide range of local services. Please just ask a member of the staff team. Foyer staff can also help with information by:

- [Connecting people to the internet](#)
- [Putting people in touch with other agencies or organisations](#)