

Salterbeck Community Plan

The Next Ten Years

Update - February 2012

Healthy Lifestyle Club



- Want to make some positive changes to your lifestyle? Walk more, eat healthier, but need some support and guidance to help—then get involved in our friendly and informative bi-weekly meetings **starts February 2012.**

Employment



- Following November's jobs evening, **9** residents were offered interviews for local jobs, **2** residents obtained jobs.

Training

- Introduction to the internet programme—**starts February 2012.**
- Sessions to offer support in completing applications, developing CV's, job search and preparation for interviews available (either one to one or group).
- **4 people** currently attending a managing your tenancy programme.



Environment



- The Eco group have secured funding to develop and run sessions to raise your awareness about things we can all do to protect the environment. The group are also planning to develop an **environmental charter for Salterbeck**, they would like to **recruit some new members aged 13 –19yrs old.**
- **12** residents attended a 'Draught Doctors' day. They found out how to save energy, keep warm and potentially save money, they also enjoyed lunch. **A future programme of Draught Doctor is planned.**

For more information contact

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