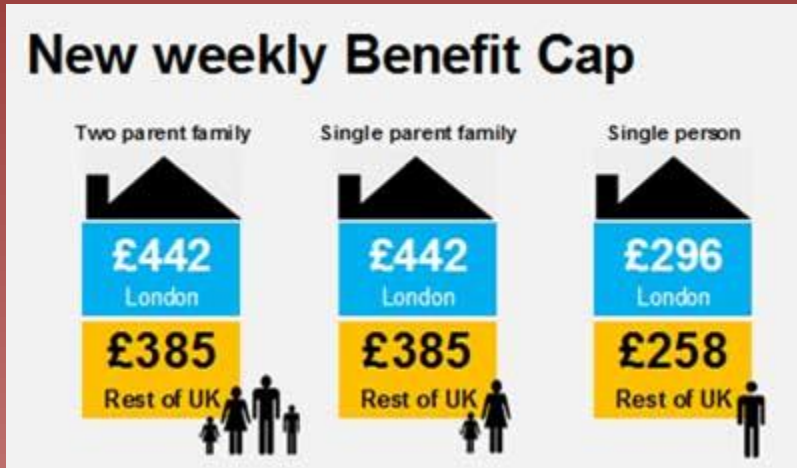




# Benefit Cap

In Autumn 2016, the Benefit Cap (the maximum amount you can receive in benefits) is reducing:



**You may be affected if you have 3 or more children and/or if you have a high rent.**

Recipients of the following benefits are excluded from the cap:

- Attendance Allowance
- Disability Living Allowance (or child in receipt of)
- Personal Independence Payment
- Support component of Employment and Support Allowance
- War Pensions, War Widow's & War Widower's Pension
- Armed Forces Compensation Scheme & Independence Payment
- Industrial Injuries Benefit
- Working Tax Credit
- Universal Credit – if have net monthly earnings of £430 or more

It is expected that recipients of Carer's Allowance will also be exempt.

## OTHER EXEMPTIONS:

- 1) If you're over the qualifying age for pension credit.
- 2) If you've been employed continuously for 12 months and you lose your job through no fault of your own, the benefit cap won't apply for the first 39 weeks of your claim.

## What can I do?

You may be eligible for a Discretionary Housing Payment to help with the shortfall if you are struggling to pay your rent.

You may be entitled to (but not currently receiving) a benefit which is excluded from the cap.

You may be able to be removed from the benefit system altogether by taking steps into employment, or by increasing your hours of work.

**We can provide help and advice with these things.**

Book a free, confidential appointment with one of our Money Matters team :

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